Bejer 2gether

SUPPORTING YOU TO BECOME HEALTHIER, HAPPIER AND MORE CONNECTED

Better2gether is a FREE service to support Weight Management.

It is a group set up for people with Learning Disabilities. It will help you to lose weight, move more and understand the benefits of feeling healthy.

The sessions are for people who live in the following areas: Worcester City, Evesham & Surrounding areas

The groups will be kept to a small number of people and run for 8 weeks.

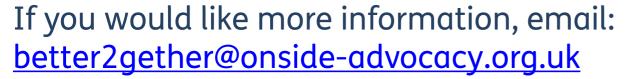
The sessions will be online or face to face.







Speakeasy N.O.W. will support the sessions alongside the Onside team.









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