

# Diabetes UK information pack for Newly diagnosed Type 2 Diabetes - Worcestershire

## Information for healthcare professionals March 2023

Please contact us on [wah-tr.worcsdiabetesed@nhs.net](mailto:wah-tr.worcsdiabetesed@nhs.net) if you have any queries

### Diabetes UK Packs

Instead of the full Diabetes UK packs please provide one of the enclosed leaflets for your patients. When you need more please email us on [wah-tr.worcsdiabetesed@nhs.net](mailto:wah-tr.worcsdiabetesed@nhs.net)

### Diabetes UK Guide

The patient leaflet includes a QR code so patients can download 'Your Guide to Type 2 Diabetes'. However, it would be preferable to supply a paper copy, you can order a box of up to 50 of these guides free of charge directly from Diabetes UK. These guides are also useful for also people with existing diabetes.

[Your guide to type 2 diabetes | Free diabetes information - Diabetes UK Shop](#)



### Diabetes Structured Education



Please email referrals for diabetes structured education to us using the form on EMIS.

Patients will be offered a selection of dates and times to attend a virtual session. Face to face sessions will be available for those unable to access a virtual session.

### Online support

Mapmydiabetes will not be available for new patients after 31/03/2023. Existing users will continue to have access. Instead patients can access [www.healthyliving.nhs.uk](http://www.healthyliving.nhs.uk)

this QR code can be used to print information leaflets about [healthyliving.nhs.uk](http://healthyliving.nhs.uk).

You can also refer people with diabetes to the digital weight management programme.



### Healthy Minds

Patients can self-refer by completing a short self-referral form via the website <https://www.healthyminds.whct.nhs.uk/selfreferral/>, or by calling 0300 013 5727.

**Professional referrals** can be via the following: Single Point of Access or by E-Referral <https://www.healthyminds.whct.nhs.uk/worcestershire-professional-referrals/>

For further information or questions, please email the healthy minds Long-Term Conditions team: [whcnhs.whmltc@nhs.net](mailto:whcnhs.whmltc@nhs.net)